



Angel of Ascension .. Out of Darkness into Light 2007 Astrea Aurora

Attitudes of Ascension

January 30, 2008

As the groundswell of acceleration upon the physical plane continues to surge bringing all within its relentless fire of transformation, I come this day bringing blessings of grace and of love.

If you will open your hearts and your beings and offer up in surrender the challenges within which you currently sit in your physical life at this time, digging deep to the very core of your heart and your being to name what it is that is causing you concern, that affects your peaceful existence and your joy and life fulfillment ... the Merlin manifestation of magic is offered you to assist in the release of the challenges and struggles and difficulties.

You have only to acknowledge and to name your issues and patterns, to seek to bring truth to every experience in your life without blame of

another, to seek to see all from the parameter of your physical incarnation upon earth as one of releasing and healing all the varied memories and ancient experiences of sadness and pain and disempowerment and lack of faith and trust in yourself ... to see and to acknowledge that every experience in your life *you draw to yourself* as a means of healing and releasing all that prevents you from embodying your totality, your divinity ... and your attitude to every moment of your life will change.

When all in your life is seen in this way, there *is* no bad, there *is* no negative ... all is seen to be a gift, as exponentially you clear your being of levels and layers of drudgery and ancient 'stuff' of aeons' duration.

This is the path of ascension upon which you are engaged. It is a high path, and you lead humanity as you pave the way. And the fulfillment is great as the former wounds and memories and ways of reacting become no longer your new reality. The peace ... ah, it is sublime, unmatched. And within that peace you will come to enjoy, all the doors of the universe open to you for all blocks will have disappeared.

The pain and the tiredness within each of you is so clearly seen, and honour is given you for the path has been long and often arduous.

If you will surrender now all that limits and saddens and disempowers, and breathe deeply to release all, breathing so deeply now, the Merlin releases the obstructions, blocks, memories, pain, sadness, disempowerment, confusion and stuckness, anger, lack of trust in yourself and in God and lack of belief and trust in the provenance of all your physical needs ... from each of the chakras of each of the diamond plates of your energy body, with the Karmic Board offering now for release across all time and space and all dimensions the karmic records which hold you bound in limitation and patterns which have their origin in ancient times when you have lived in service to humanity in varying ways, times when you have experienced such pain and sadness and also times of separation from God and from your Family of Light, times of aloneness and desperation. With the breath, continue to allow all to release from you, allowing the planetary alignment to be the vehicle of great healing and release.

The acceleration is under way, it rolls relentlessly and all commences to change. Graceful transformation is effected by your *willingness* to flow with the energies of change, by your *willingness to surrender* in every experience in your life ... for this will bring you peace and ease and flow.

If you will be willing to hand over to the divine all challenges, problems, situations in your life that create confusion and pain ... to become in the habit of moving out of the mind and the panic and the confusion ... and instead to *only surrender and to hand over* every issue in your life where you have no clarity and can see no easy solution and cannot make a decision ... then you will become in the practice of following the flow of the divine.

If you will call in your Family of Light, your personal angels and guardians and Ascended Masters ... and say to them 'I surrender this and offer it to you, I hand it over' you will immediately become filled with relief ... for you have been seeking in the past to control all from your mind and from your will ... which disallows the flow of the divine to overtake you and to lead you and guide you to the best solution, best direction along your life path. There is an unburdening of all of your life challenges each time you breathe deeply, surrender, and hand all to the divine. And you will become in a practice of surrendering in every circumstance in your life, to allow the flow of the divine plan in its supreme intelligence to take you to places your mind and your will has not the ability!

Ah, the mind steps in, the beautiful mind and its scathing comments arise ... 'sure, trust in the divine and it will lead me to amazing places ... where has it ever led me in the past?' 'how can I trust I will be looked after when I have been through so much and have felt so alone and uncared for?'

If you are willing to only surrender this one time, you will be led to places of greatness and of peace and fulfillment ... peace and fulfillment enough that you will have learned forever the gift and the power of surrender. And you will have learned also that you do have the ability to override the will and the mind ... to get out of the never ending spiral of the mind and its opinions and doubts and fears.

Many angels hold you dear ones, as you pass through the initiation of Surrender to the Divine and we say to you with truth and with love for you that having passed through this test of surrender, you will have gained such a valuable gift, always there for you ... you will have reconnected fully with the plan of the divine along the path of greatness upon which you walk.

The angels align your energy bodies dear ones, restoring you to wholeness, attending to all the levels of your being to restore you. With the breath you assist the restoration ... and may open your heart and

