

Working with the akashic records

How to work with the Karmic Board in your daily life
to release yourself from those deep core limiting patterns
which cause such sadness and pain and confusion in daily life.

We are in the process of unravelling all of our ancient wounds and memories ... and these arise in our daily life. As high initiates it is expected of us that we not react in emotion, fear and anger when a karmic 'mirror' shines brightly, unable to be ignored. The mirror which presents us with an emotion of pain, anger, irritation, judgement, fear, jealousy, hopelessness, loneliness, abandonment, mistrust of self or another ... is showing us that we are holding a karmic wound which is requiring release from the energy body.

On each occasion that you are troubled by such an emotion in daily life ... it is important for you to begin to empty your akashic records of ancient wounds of duality and pain ... for it is in the emptying of the akashic records that peace will begin to descend in your physical life. Until the akasha of your soul is emptied of karmic wounds ... you will continue to encounter experiences in your life which seek to show you the existence of the wounds you are holding. So it is important to 'own' your part in anything which is playing out in your life which is causing you pain (or judgement).

Each time such a situation arises ... ask that the original core record, memory, experience, behaviour, belief, thoughtform, program and pattern be released from your akashic records. Call in the Karmic Board (Great Divine Director, Lady Nada, Lady Quan Yin, Lady Portia, Lady Liberty) and ask for their assistance to release the original core record that results in this experience, this pattern in your present life. Ask for karmic absolution across all time, space and all dimensions for all that has occurred since the original record ... and for all that has occurred since that time across the dimensions.

In this way, you are emptying your akasha of all negativity and pain. You will see the benefit in this as life becomes more peaceful ... and as core patterns of pain and confusion begin to leave. Light descends, hope returns ... and suddenly you see the possibilities of really embodying your divine qualities, for the doubts and fears that currently hold you back will no longer trouble you.

It is powerful work. As you become in the habit of constantly releasing records ... life transforms as a result.

How to work with the Karmic Board in daily life as you unravel ancient wounds and memories which arise in daily life.

As high initiates it is expected of us that we not react in emotion, fear, anger when a karmic 'mirror' shines brightly, unable to be ignored – this mirror reflects **pain, anger, irritation, judgement, fear** ... as well as jealousy, hopelessness, loneliness, abandonment, mistrust of self or another ... and many other physical emotions.

Our karmic 'mirror' reminds us to begin to empty our Akashic Records. Until the akasha of our soul is emptied we will continue to have these experiences in our lives.

Action:

Acknowledge the pattern (being angry, judgemental etc).
Call in the Karmic Board ... Great Divine Director, Lady Nada, Lady Quan Yin, Lady Portia, Lady Liberty ... and ask for their assistance to release the original core record that results in a particular experience or pattern.

Decree:

By Divine Decree, and in the name of God/Goddess and under the Law of Grace, Love, Divinity, Forgiveness, Compassion and Karma, I ask for the release of the original core record, memory, experience, belief, program, pattern, thoughtform which results in this pattern of that I acknowledge is occurring in my life ... from my energy body and my chakras, across all time, all space and all dimensions.

I ask for full karmic absolution across all time, space and dimensions.

I forgive myself ... these actions and patterns are based only on ancient memories.

I ask for all assistance ... is there anything further I need to do to have this pattern lifted.

I ask that my energy body be repatterned to its original Divine Blueprint.

I surrender to the Divine Plan.

And so it is. With thanks.

Life becomes more peaceful
as core patterns of pain and confusion begin to leave.
Light descends, hope returns – it is powerful work.
If we constantly release records, our lives are transformed.



Simplified version (to share with friends and family)

Mother/Father/God/Creator ... I ask for the lifting of the memory of the original experience which results inthe pattern which has been identified).

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